



The

Senior Informer

Volume 11

Issue 4

APRIL 2014

ABINGTON COUNCIL
ON AGING
441 Summer Street, Abington, MA 02351
781-982-2145

Website:
ABINGTONSENIORCENTER.COM

Suzanne Djusberg, Director
COADirector@Abingtonma.gov

Council on Aging Board of Directors

Marie Brown, Chairwoman
Bill Kendall Vice-Chair
Nancy Cavanagh
Karen DiLorenzo
Elizabeth Keefe
Larry Keough
Jack Libby
Lurane Ryerson
Betty Slinger
Maureen Wall
Ann Welch
George Whiting,
Chairman Emeritus

**SPECIAL & ANNUAL
TOWN MEETING**
Monday, April 7
Abington High School
7 p.m.

*In youth we learn;
In age we understand.*

ACTIVITIES

Bingo
Blood Pressure Screening
Bridge & Chess
Chair Yoga w/Joanne
Computer Classes
Cribbage
Hearing Tests
Knitting & Crocheting Group
Legal Assistance
Mah Jongg
Quilting Class
Senior Lunches
Zumba

COUNCIL ON AGING STAFF

Suzanne Djusberg - Director
Valerie O'Loughlin -
Outreach Coordinator
Karen Butler -
Nutrition Coordinator
Jean Connell -
Transportation Coordinator
John Freese - Custodian
Susan Young - General Services
Jack Brown, David LaCouture,
Linda Elliot - Van Drivers



PUPPY LOVE WITH A PURPOSE by Doug Ulwick

Back at the end of May in 2013, I picked up a new puppy, an adorable and precocious male yellow Labrador named "Vantage." I didn't choose his name; he came with it. He was from a litter of seven puppies and every puppy in the litter was given a name that began with the letter "V," including his sister Vangie and his brother Vale. Not only did he come with a name, he came with a number, 5V13.

While his parents weren't American Kennel Club champions, they were each from a long line of carefully bred dogs, his mother in New York and his father in Switzerland. As you might be guessing by this point, Vantage isn't your average pet. In truth, he isn't a pet at all, and he isn't even mine. Vantage is property of Guiding Eyes for the Blind (GEB) in Yorktown Heights, NY. His V name and number are ways of tracking him throughout his career. Guiding Eyes has been breeding their own dogs since the mid 1960's, always looking for the best blend of health, intelligence, and even independent thinking to provide service dogs for the blind. The task of raising the custom-bred puppies until they're ready to be harness-trained is entrusted to a loyal and hard working group of volunteers. I am a Volunteer Puppy Raiser for Guiding Eyes for the Blind.

Most who know me would say that I "have a way with dogs." While that's helpful, it's not enough. Puppy raisers have to attend "Pre Puppy Classes" offered by GEB before they're entrusted with a puppy. Potential raisers learn about GEB's specific methods to train the type of dog that can eventually become a Guide and also learn what will be expected of each volunteer.

It's important that all the puppies be trained to respond to the same commands and master the same set of basic skills so that any of the handlers can work with any of the dogs and get the same results.

At the end of the Pre Puppy Class, I was assigned an older puppy in the program, a black Labrador named "Dublin," who stayed with me for two weeks on a trial basis just before Vantage arrived. I referred to Dublin as my "final exam." I guess I passed.

Integrating a puppy-in-training into my daily life naturally involved some adjustments, but I already had a dog at home, a 7-year-old Dalmatian, so some of the basic walking, feeding, and care routines were already part of my schedule. Other aspects were not. We now attend Saturday morning Guiding Eyes puppy classes with other raisers and their dogs on the second and fourth Saturday of every month in either Needham or Newton. Additional training methods appropriate to the age of the pups are introduced there and the instructors have the opportunity to monitor the progress of each pup and suggest means and methods to correct any potential problems.

The puppies stay with the Volunteer Puppy Raisers for approximately 16 months before they're returned to school in New York for testing and hopefully harness training to become working guide dogs.

Volunteer puppy raiser Doug Ulwick is pictured with Vantage, his Guiding Eyes for the Blind puppy-in-training.

Continued on page 6

BOOK RECOMMENDATION

Kristen Hannah, bestselling author of *On Mystic Lake*, a *New York Times* bestseller, writes a new powerful novel of love, loss, and the magic of friendship. Spanning more than three decades and playing out across the ever-changing face of the Pacific Northwest, *Firefly Lane* is the poignant, powerful story of two women and the friendship that becomes the bulkhead of their lives. For thirty years, Tully and Kate buoy each other through life, weathering the storms of friendship—jealousy, anger, hurt, and resentment. *Firefly Lane* is a story you'll never forget . . . one you'll want to pass on to your best friend.

**FACTS ABOUT PRESIDENT ANDREW JACKSON**

President Andrew Jackson (1829 to 1837) was the 7th President of the United States (Vice Presidents were John Calhoun and Martin VanBuren). Andrew Jackson was a politician and Army General who defeated Creek Indians in the Battle of Horseshoe Bend. He won the presidency in the election of 1828 by a landslide. His opponents nicknamed him "jackass," a moniker that Jackson took a liking to so much that he decided to use the symbol of a donkey to represent himself. It would later become the emblem of the Democratic party. Jackson earned one nickname as "Old Hickory" and was known as the People's President and known for his support of individual liberty. Perhaps his greatest feat as president was when he became involved in a battle with the Second Bank of the United States, a private corporation but virtually a government-sponsored monopoly. President Jackson vetoed the bank's bill to re-charter. The American public supported his views on this issue.

Other items of interest about Andrew Jackson: —He was the first president born in a log cabin, on the border between North and South Carolina, so that the state of his birth is in question (sound familiar of late...does history repeat itself?).

—Andrew Jackson was the first president to invite the public to attend his inaugural ball at the White House and the crowd that arrived was so large that furniture and dishes were broken as people jostled one another to get a look at the new president.

—At the party after his inauguration, Jackson served a 1400 lb. cheese that was sent to him.

—Running water and indoor bathrooms were added to the White House during his term in office.

—Tragedy struck the Jackson household just before he was to leave for Washington D.C. to be sworn in as president. Shortly after 9 p.m. on Dec. 22, 1828, Andrew Jackson's wife Rachel died after having been sick for only 5 days; she was buried on Christmas Eve.

—And, the United States became debt free for the only time in U.S. history during Andrew Jackson's presidency (1/8/1835); however this lasted for only about a year. Andrew Jackson continues to be widely regarded as one of the most influential U.S. presidents.

INFORMER NEWS DEADLINE

Place in Newsletter inbox by 10th of previous month (i.e., 10th of April for the May 2014 issue).

HEALTH AND ASSISTANCE

Walk-In Health Screening for Blood Pressure, Sugar Testing, Nutrition and Weight Counseling & Medication Instruction are held at Abington Sr. Ctr., weekly on Mondays 9:00 to 12:00. *The Board of Health states the nurse will be available to ALL Abington residents, regardless of age, and Seniors are welcome at ALL sessions.*

Free Hearing Screenings and Hearing Aid Checks are held the first Tuesday of each month at the Senior Center with John Klefeker. Call for appt. 781-982-2145.

SENIOR TRANSPORTATION—CALL 781-982-2145

(24 HOUR ADVANCE NOTICE REQUIRED)

Council on Aging Van is door-to-door service to medical appointments, and other needs, \$3 round trip - suggested donation. Call the COA at 781-982-2145 to book rides in advance. **Dial-A-BAT** vehicles travel a bit further out, to Brockton and the Bridgewater between 9:30 and 4:30 and to Boston Wed. & Fri. BAT rides must be booked thru the COA. Fees vary. Door-to-door-pay driver. **Friday Morning Shopping Van.** We will be using our trusty van to get you to either the Hanover Mall or another mall. We will pick you up starting at 9:15 or shortly after. We will pick you up at the mall at 12:30 getting you home around 1 or 1:15. Cost for round trip is \$3.00. Each week we will alternate between malls.

SENIOR NUTRITION—CALL 781-982-2145

Meals on Wheels delivered to homebound Seniors, lunchtime Mon-Fri, \$3.00 per meal. Our wonderful volunteers deliver nutritious meals right to your kitchen table. Although anyone can apply for this service, approval must be given by the recipient's doctor. In winter months, when there is inclement weather and there is no school that day, there will be no prepared meals delivered.

Senior Lunches: Tuesdays & Thursdays at 11:30. Tuesday—cost \$4.00. Thursday suggested donation is \$3.00. Call the Center at 781-982-2145 to make your reservation by Friday of the previous week.

MEDICAL EQUIPMENT

Wheelchairs, walkers, and other medical equipment are available at the Senior Center. Call 781-982-2145 for availability.

FUEL ASSISTANCE

Appointments (scheduled) began November 8th continuing on through the 2014 season. Friday appointments only!

SENIOR COMPUTER LEARNING CENTER

For info regarding classes, dates, times, etc., call 508-521-4008 or by email go to www.seniorcomputerlearningcenter.org.

POET'S CORNER**Methuselah**

Methuselah ate what he found on his plate,
And, never, as people do now,
Did he note the amount of the calorie count;
He ate it because it was chow.
He wasn't disturbed as at dinner he sat,
Devouring a roast or a pie,
To think it was lacking in granular fat
Or a couple of vitamins shy.
He cheerfully chewed each species of food,
Unmindful of troubles or fears
Lest his health might be hurt
By some fancy dessert,
And he lived for nine hundred years. —Anonymous

No one can make you feel inferior without your consent.

—Eleanor Roosevelt

FRIENDS OF ABINGTON SENIORS, INC. MEMBERSHIP & DONATIONS

The Friends of Abington Seniors, Inc. would like to thank both past and present members for their support and contributions.

JUNE 2013 started a new membership year with dues of \$5.00 payable and good until JUNE 2014. Please make checks payable to:

**“Friends of Abington Seniors, Inc.”
and mail to P.O. Box 2035, Abington, MA 02351.**

Many thanks to families selecting “Friends of Abington Seniors” for memorial gifts.

**Friends of Abington Seniors Membership for 2013-2014: \$5.00 per person or \$100 for lifetime membership.
Please send donations to this address: P.O. Box 2035, Abington, MA 02351**

Name _____

Address _____

In Memory Of _____

Send Acknowledgement to _____

THE BIRTHDAY GIFT THAT KEEPS ON GIVING

Do you have a birthday coming? Can't think of anything you want or need?

Suggest a donation in your name to the Friends of Abington Seniors, Inc.

Memberships: Ann & William DeMille
Paul & Dulce Griffin

Barbara & John Clougherty
Karl & Jean Anderson

Donations: Valerie Barry

Patrick & Mary O'Shaughnessy

In Memory of: Germaine Hughes by Anna Fopiano
Edward Kiernan by Muriel Kiernan

Ralph Soper by Judy Soper
Eileen Maraget by Lisa Flinn

BOUNCE DRYER SHEETS—SOME SURPRISING USES

Lay a sheet near ants to chase them away. It also repels mice.

Spread sheets around foundation areas, or in trailers, or cars that are sitting, and it keeps mice from entering your vehicle.

Tie a sheet of Bounce through a belt loop to repel mosquitoes and yellow jackets.

Eliminate static electricity from your TV or computer screen.

Place a sheet of Bounce in a drawer or hang in the closet to freshen the air.

To prevent thread from tangling, run a threaded needle through a sheet of Bounce before beginning to sew.

Place a Bounce sheet in your suitcase when traveling, it will help keep mites out of it. Travel with several Bounce sheets and run them up and down your bed linen before getting into bed. Keep a sheet in your suitcase even after you have unpacked to protect bugs from nesting in it.

Dissolve soap scum from shower doors. Clean with a sheet of Bounce.

Deodorize shoes or sneakers by placing a Bounce sheet in them overnight.

Place a Bounce sheet under the front seat in your car to freshen the air.

KITCHEN WISH LIST: Coffee and Paper Towels

TOWN MEETING—June 9

Don't forget to attend the Special and Annual Town Meetings—Monday, June 9 at 7pm at Abington High School

TOWN ELECTION—April 26

Don't forget to get out and vote at Town Election—Saturday, April 26 from 8am to 6pm at Abington High School.

BACK OFF!!

A cowboy appeared before St. Peter at the Pearly Gates. “Have you ever done anything of particular merit?” St. Peter asked.

“Well, I can think of one thing,” the cowboy offered. “On a trip to the Black Hills out in South Dakota, I came upon a gang of bikers who were threatening a young woman. I directed them to leave her alone, but they wouldn't listen. So, I approached the largest and most tattooed biker and smacked him in the face, kicked his bike over, ripped out his nose ring, and threw it on the ground. I yelled, “Now, back off or I'll kick the xxxx out of all of you!”

St. Peter was impressed, “When did this happen?”

“Couple of minutes ago.”

OUTREACH WITH VALERIE — APRIL 2014

Billions of federal dollars are lost annually due to health care fraud, error, and abuse. The Senior Medicare Patrol (SMP) program empowers seniors through increased awareness and understanding of healthcare programs. This knowledge helps to protect seniors from the consequences of Medicare and Medicaid fraud, error, and abuse. Come join us on April 22, 2014 at the Abington Senior Center cafeteria from 11:30am – 12:30pm for a presentation and interactive dialogue with the Senior Medicare Patrol to learn the best practices of how to prevent, detect, and report health errors, fraud and abuse. We hope to see you there!

BOSTON MARATHON — FIRST ANNIVERSARY OF BOMBING

Approximately 30 runners from Cleveland, Tennessee plan to spend eight days, running in relay, through seven states (Tennessee, Virginia, Pennsylvania, New York, New Jersey, Connecticut, and Massachusetts), reaching Boston on Sunday, April 20. After the relay team reaches Boston, four runners will participate in the Boston Marathon.

APRIL RECIPES — Recipes submitted by Walter Pulsifer, III

Quick & Easy Clam Chowder

1 (10 1/2 oz.) can Campbell's Condensed Cream of Potato Soup
1 soup can of milk, cream, or evaporated milk
1 (8 oz.) can minced clams
1 tbsp. butter or margarine
1/8 tsp. paprika
Combine all ingredients, mix and heat thoroughly in a saucepan.
Do not boil. This has better flavor if made early in the day, refrigerated and reheated. Makes 4 small servings.



*“When cookies are passed, take one.”
—Anonymous*

Skillet Potatoes Tarragon

4 medium potatoes, pared and sliced thin
2 green onions, trimmed and sliced
1/2 cup water
1/2 tsp. salt (or less)
1/2 tsp. dried tarragon leaves, crushed
3 tbsp. butter or margarine
Combine first 5 ingredients in a medium sized frying pan (non-stick).
Dot with butter. Cover and cook over low heat, stirring several times for 20 minutes or until tender. A different and tasty way to serve potatoes.

APRIL PUZZLE

Baseball Word Search

Find the baseball terms hidden in the puzzle.

F	Q	O	G	R	O	U	N	D	E	R	E	L	I	E	F	I	AVERAGE
O	E	H	G	O	D	F	A	R	E	H	C	T	I	P	E	S	BASES
U	T	E	N	W	R	A	U	V	E	R	I	P	M	U	F	H	BATTERY
L	A	L	I	Z	E	G	K	N	E	M	B	P	M	R	O	O	BRUSHBACK
I	L	M	N	A	G	R	C	N	G	R	Y	P	E	B	R	R	BUNT
Z	P	E	N	F	N	A	A	Z	U	O	A	H	T	K	K	T	CATCHER
P	L	T	I	T	I	N	B	C	C	R	C	G	L	W	B	S	CURVEBALL
M	E	W	J	J	D	H	H	Y	T	E	L	E	K	A	T		CYCLE
U	S	V	C	I	R	S	S	C	A	C	A	M	G	A	L	O	DINGER
M	T	E	O	Z	Q	L	U	C	R	B	L	V	O	V	L	P	FASTBALL
L	Z	T	S	L	L	A	R	I	T	N	K	E	O	H	Y	Q	FORKBALL
L	Z	B	I	A	G	M	B	S	B	V	U	M	K	Z	A	Z	FIELDER
A	K	L	C	M	B	H	A	D	E	G	M	U	N	H	T	B	FLYBALL
B	P	E	K	S	W	F	V	E	L	K	C	U	N	K	U	T	FOUL
Y	X	B	A	T	T	E	R	Y	A	W	I	D	H	N	I	W	FUNGO
L	C	T	R	E	D	L	E	I	F	W	V	P	T	G	H	P	GLOVE
F	S	W	C	U	R	V	E	B	A	L	L	D	S	E	H	L	GRANDSLAM

PLAY BALL!

Opening day for “America’s National Pastime” is March 31 (Red Sox vs. Baltimore). Red Sox home opener is Friday, April 4, with Milwaukee.

Opening day being a national event, it has also become an arena for U.S. Presidents to show their “pitch”. On April 14, 1910, William H. Taft became the first U.S. President to throw out the first pitch to start a season. Since then, eleven sitting U.S. Presidents have tossed out the season’s ceremonial first pitch. Harry S. Truman showcased his ambidextrous talent when he threw his first pitches with his right and left arms in 1950.

Did you know there is a movement to make opening day a national holiday? “It’s an American tradition, and it deserves to be recognized as an American holiday.”

A little baseball trivia:

- April 12, 1877 Catcher’s mask first used in a baseball game.
- April 11, 1947 Jackie Robinson entered Major League Baseball.
- April 4, 1974 Opening day – Hank Aaron of the Atlanta Braves, with his first swing, hit his 714th career home run, tying Babe Ruth on the Major League Baseball all-time list.

Ted Williams was a .449 hitter in opening day games with 3 home runs, 14 RBIs in 14 openers, and at least one hit in each game.

*It is to be regretted that the rich and powerful too often bend the acts of government to their selfish purposes.
—Andrew Jackson, July 10, 1832*

APRIL 2014 LUNCH & ACTIVITIES

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>4/1 April Fools Day</i> <i>4/13 Palm Sunday</i> <i>4/15 Passover</i> <i>4/15 Lunar Eclipse</i> <i>4/20 Easter</i> <i>4/21 Patriots Day</i> <i>4/22 Earth Day</i> <i>4/26 Election Day</i></p>	<p><u>1</u> 9:00 Cribbage 11:30 Lunch: Chicken Hawaiian, Rolls, Dessert, Beverage 1:00-3pm Mah-Jongg 5:30-6:30pm Zumba (\$4)</p>	<p><u>2</u> 10:00 Knitting Group 10:00-12:00 Quilting Class 10:00 Bridge 10:30 Chess</p>	<p><u>3</u> 9:00 Cribbage 10:00 Chair Yoga w/ Joanne (\$4) 11:30 Lunch TBA <i>Free bread distribution at Sr. Ctr. 1st Come, 1st serve</i></p>	<p><u>4</u> 9:00 Cribbage 9:00 Shopping Van 11:00 Tai Chi (\$5)</p>
<p><u>7</u> 9:00-10:00 Beginners Knitting/ Crocheting Class (\$5) 11:00 Bingo</p> <p><i>Town Meeting</i> <i>No Housework Day</i></p>	<p><u>8</u> 9:00 Cribbage 11:30 Lunch: Minestrone Soup, Italian Bread, Crackers, Dessert, Beverage 1:00-3pm Mah-Jongg 5:30-6:30pm Zumba (\$4)</p>	<p><u>9</u> 9:00 FOAS Meeting 10:00 Knitting Group 10:00-12:00 Quilting Class 10:00 Bridge 10:30 Chess</p>	<p><u>10</u> 9:00 Cribbage 10:00 Chair Yoga w/ Joanne (\$4) 11:30 Lunch: TBA <i>Free bread distribution at Sr. Ctr. 1st come, 1st serve</i></p>	<p><u>11</u> 9:00 Cribbage 9:00 Shopping Van 11:00 Tai Chi (\$5)</p> <p><i>Civil Rights Act Signed, 1964</i></p>
<p><u>14</u> 9:00-10:00 Beginners Knitting/ Crocheting Class (\$5) 11:00 Bingo</p>	<p><u>15</u> 9:00 Cribbage 11:30 Lunch: Pizza, Greek Salad, Dessert, Beverage 1:00-3pm Mah-Jongg 5:30-6:30pm Zumba (\$4) <i>Tax Day</i> <i>Full Pink Moon</i></p>	<p><u>16</u> 9:30 COA Meeting 10:00 Knitting Group 10:00-12:00 Quilting Class 10:00 Bridge 10:30 Chess</p>	<p><u>17</u> 9:00 Cribbage 10:00 Chair Yoga w/ Joanne: (\$4) 11:30 Lunch: TBA <i>Free bread distribution at Sr. Ctr., 1st come, 1st serve</i></p> <p><i>Maundy Thursday</i></p>	<p><u>18</u> 9:00 Cribbage 9:00 Shopping Van 10:00-11:00 Sen. Keenan, office hours 11:00 Tai Chi (\$5)</p>
<p><u>21</u> <i>Patriots Day</i></p> <p>SR. CENTER CLOSED</p> <p><i>118th Boston Marathon—2nd oldest</i></p>	<p><u>22</u> 9:00 Cribbage 11:30 Lunch: Chicken Divan, Vegetable, Birthday Cake, Bev. 1:00-3pm Mah-Jongg 5:30-6:30pm Zumba (\$4)</p>	<p><u>23</u> 10:00 Knitting Group 10:00-12:00 Quilting Class 10:00 Bridge 10:30 Chess</p> <p><i>Secretarys Day</i></p>	<p><u>24</u> 9:00 Cribbage 10:00 Chair Yoga w Joanne (\$4) 11:30 Lunch: TBA <i>Free bread distribution at Sr. Ctr. 1st come, 1st serve</i></p>	<p><u>25</u> 9:00 Cribbage 9:00 Shopping Van 11:00 Tai Chi (\$5)</p> <p><i>Arbor Day</i></p>
<p><u>28</u> 9:00-10:00 Beginners Knitting/ Crocheting Class (\$5) 11:00 Bingo</p>	<p><u>29</u> 9:00 Cribbage 11:30 Lunch: Hamburger Pie, Vegetable, Dessert, Beverage 1:00-3pm Mah Jongg 5:30-6:30p Zumba (\$4)</p> <p><i>New Moon</i></p>	<p><u>30</u> 10:00 Knitting Group 10:00-12:00 Quilting Class 10:00 Bridge 10:30 Chess</p>	<p><i>4/15 Lunar Eclipse begins at 1:58 A.M. and ends at 6:39 A.M.</i></p>	<p><i>APRIL</i> <i>Birthstone: Diamond (Innocence)</i> <i>Flower: Daisy/Sweet Pea</i> <i>Zodiac Sign: Aries thru 19th; 20th Taurus</i></p>



Say "Thank you" with your patronage to the sponsors who support this newsletter.

To find our sponsors, visit SeekAndFind.com

This Space Available

For information on advertising, please call Liturgical Publications at 1-800-368-7010



Liturgical Publications Inc
Connecting Your Community™

PUPPY LOVE — *continued from page 1*

Naturally, each individual puppy raiser offers different life experiences to share with their assigned pups. In my own case, I am single so the relationship to the pup is very much one-on-one, likely how it would eventually be with a blind owner. I am also self employed as an architect and work from home, generally allowing the puppy to be with me all the time, again the type of contact that is likely to be played out in his future working career. I split my time between my home in Abington and in Oak Bluffs on the island of Martha's Vineyard, so the puppy goes on regular car rides, shuttle bus rides, and ferry rides, meeting all sorts of people and other animals en route.

Perhaps you've already seen Vantage and me around Abington – he regularly accompanies me to meetings of the Historical Society of Old Abington, where I serve as the President. He's been to Town Hall and also grocery shopping at Trucchi's. I'm getting him ready to join me for my workouts at the gym. Guide dogs are allowed anywhere and that courtesy is extended to the pups-in-training as well. People we encounter in our travels see his blue Guiding Eyes vest and often correctly assume that they shouldn't approach him while he's working. I always appreciate that courtesy, but part of his training does involve meeting people. If you see us out and about and would like to say "hello," just ask me if it's OK. Please don't be offended if I say it's not a good time, but if it is, you'll be greeted with a wagging tail and a wet nose. He's really a sweet kid.

If you are interested in raising a puppy for Guiding Eyes for the Blind, you can contact Area Coordinator Lynn Stas by email at Lynny1@comcast.net or by phone at (508)866-2368. You can also learn more about the program at www.guidingeyes.org.

HAWAIIAN ADVENTURE *by John Young*

In the days before Hawaii became a state, the most visited island, Oahu, was dotted by hotels and military bases. Most everyone remembers Pearl Harbor, but few even know of Barbers Point. Barbers Point was a Naval Air Station, the home for a number of squadrons. I as a young sailor was assigned to VP-6, an antisubmarine patrol bomber squadron. One day I noticed in the hangar there was a very large aircraft, and the maintenance crew had collapsed the nose landing gear for some kind of maintenance testing. This caused the tail of this aircraft to be high in the air almost to the roof of the hangar. In anticipation of the front exit being blocked, by battle damage, and the nose gear collapsing, the designers provided a 20' long rope to slide down to escape from the plane. As I watched, two sailors appeared in the hatch, and with a Tarzan like cry, suddenly one of them leaped out of the hatch dragging the rope and crashing down on the concrete floor of the hangar and was knocked unconscious. As the ambulance drove away, an aircraft accident board was formed to determine the cause of the accident. After a long discussion the final report read, "PILOT ERROR; He ran out of altitude before he ran out of rope."

APRIL'S CHUCKLE

THE BOTTLE OF WINE: Sally was driving home from one of her business trips in Northern Arizona when she saw an elderly Navajo woman walking on the side of the road. As the trip was a long and quiet one, she stopped the car and asked the Navajo woman if she would like a ride. With a silent nod of thanks, the woman got into the car.

Resuming the journey, Sally tried in vain to make a bit of small talk with the Navajo woman. The old woman just sat silently, looking intently at everything she saw, studying every little detail, until she noticed a brown bag on the seat next to Sally. 'What in bag?' asked the old woman.

Sally looked down at the brown bag and said, 'It's a bottle of wine. I got it for my husband.'

The Navajo woman was silent for another moment or two. Then speaking with the quiet wisdom of an elder, she said: 'Good trade. . . .'

TRAVEL OPPORTUNITIES

A Devine Comedy, June 11: Enjoy Fr. Patrick Aloysius Misgivings sharing stories about growing up Catholic. Nothing escapes the good father's razor sharp wit. Lunch will be prepared and served by the instructors at the Johnson & Wales Cooking School. \$79

Newport Playhouse, Tuesday, July 8: Comedy Show & Cabaret. Incredible meal consisting of 1 ¼ lb. Boiled Lobster, Mussels in Wine, Roasted Chicken, Creole Shrimp, Corn on the Cob, Vegetable Medley, N.E. Clam Chowder, 3 Bean Salad, Beet Salad, Cole Slaw, Watermelon, Pudding, Strawberry Shortcake, etc. Two great shows! \$85
—Contact Rita Webster at 781-982-9102 for information on trips.

**APRIL NOTABLE EVENTS**

April 9, 1865—Gen. Robert E. Lee accepted Gen. Ulysses S. Grant's proposal for the surrender of the Army of Northern Virginia, which triggered a series of surrenders across the South, signaling the end of the war.

April 10, 1849—Walter Hunt patented first safety pin.

April 14, 1865—Abraham Lincoln was shot by John W. Booth at Ford's theater, and died.

April 15, 1912—Titanic struck an iceberg and sank.

April 15—Tax Day

April 17, 1875—"Hail, Hail, The Gang's All Here" song copyrighted.

April 17, 1964—Ford Motor Co. unveiled its Mustang auto.

April 19, 1775—American Revolutionary War began with Battle of Lexington and Concord (observed April 21, 2014).

April 21—118th Boston Marathon – second oldest

April 22, 1864—U.S. minted the first coin with "In God We Trust" on it. In 1955 congress declared that all coins would be minted with this inscription.

April 22—Pre-Dawn Meteor Showers

April 25—Arbor Day—state tree: American Elm

April 27, 1937—Nation's first Social Security checks were distributed.



South Shore

Rehabilitation & Skilled Care Center
24-hour Skilled Nursing, Short-Term
Rehabilitation and Respite Care
FIVE STAR CMS Rating

115 North Avenue
Rockland, MA 02370
781-878-3308
Fax: 781-878-3321

www.athenahealthcare.com/southshore
Email: admissions@southshorerehab.com



FAMILY HEARING CARE CENTER

...listen to the sounds of life®

~ Hearing Evaluations ~ Video Ear Inspections
~ Hearing Aids ~ Repairs ~ Ear Wax Removal

534 Main Street, Suite 2, Route 18
Weymouth, MA 02190
781-337-1144

140 Bedford St., Route 18
Bridgewater, MA 02324
508-279-0700

John Klefeker, BC-HIS MA License #127



William G. Cox RPh

Bemis DRUG CO., INC.

Cor. of North Ave. & Brighton St.
6 Brighton St., No. Abington, Mass.

781-878-0893

PROFESSIONAL PHARMACISTS
PRESCRIPTION DELIVERY

www.bemisdrug.com

Are you ever alone?

You're never alone when you have a medical alert!

"I feel more independent, safe, and secure
with my medical alert."

Less than \$1 per day

▶ No Long-Term Contracts

▶ Price Guarantee

▶ A+ Rating with BBB

▶ Made and Monitored in the USA

Call Today to learn more about our Special Offer.

1.877.801.5055

Toll Free



CAMELOT APARTMENTS

COLUMBIAN SQUARE • SOUTH WEYMOUTH

Predominantly Senior Occupied (WE LOVE SENIORS)

Family Owned and Managed

Convenient to So. Shore Hospital
Restaurants, Church & Shopping

DEL REALTY • 781-331-1100

Old Colony Elder Services

Providing services to the community since 1974

144 Main Street - Brockton, Massachusetts 02301

508-584-1561 TTY 508-587-0280 www.oldcolonyelderservices.org

dish Make the Switch to DISH Today and
Save Up To 50%

Call Now and Ask How! 1-800-316-0283

All offers require 24-month commitment and credit qualification. Call 7 days a week Mon - 11pm EST
Promo Code: 388011 *Offer subject to change based on premium service channel availability



SHOW YOUR SUPPORT

sponsor your
local newsletter

Call 800-732-8070



Providing the care you need...
With the compassion you deserve.

56 Webster Street • Rockland
781-871-0555 • Websterparkhealthcare.com



6 Harrison Ave.
P.O. Box 68
Abington, MA 02351

(781) 878-0045



**Abington COA
441 Summer Street**



SPRING HARBINGER

**Non-Profit
Organization
U.S Postage Paid
Abington, MA
Permit #26**

Miscellaneous

Line Dance Schedule: Dancing with Dot Dunham at St. Bridget's Parish Hall on Friday afternoons, at 1 p.m. to 2:30p.m. Donation: \$3.00. Call 781-293-7727 for more information.

Support Groups— Open to the Public— No Charge: Bereavement Group, Abington, meets once a month at the Library, 1st Thursday, 6:30 pm; Prostate Cancer Support Group, monthly, 3rd Wed., 7 p.m., Brockton Hospital, Assembly Room 2nd floor by café.

Food Pantry: St. Vincent dePaul Food Pantry is open on Tuesday evenings from 5:30 to 7:00 p.m. at the old Friary Convent at St. Bridget's, 781-878-1194.

Supporters of the Abington Seniors

Abington Elderly Services, Inc.

Lois Kelley, President; Ann Reilly, Vice President/Van Account Liaison; Mary Graham, Treasurer; Tricia Force; Evelyn Drew; Atty. Edward Reilly

Friends of Abington Seniors, Inc.

Darlean Lewis, President; Larry Keough, Vice-President; Thomas Bates, Treasurer; Lorraine Leventuk, Asst. Treasurer; Peggy Keating, Clerk; Mary Cordeiro, Secretary

Informer Newsletter Staff: Marie Brown, Joanne Curtis, Lorraine Leventuk, Betty Slinger, Maureen Wall.

CHAIR OF THE FEDERAL RESERVE

Janet Yellen was appointed Chairman of the Board of Governors of the Federal Reserve System on Feb. 3, 2014. Dr. Yellen is the first woman to hold this position as well as the first Democratic nominee to run the Federal Reserve since 1979. This is a prestigious and unbelievably influential position of power not only in the United States but in the world. As Chair, Ms. Yellen is the head of the central banking system of the United States and is responsible for raising and lowering the interest rates of the Federal Reserve System.

“Frequently people think compassion and love are merely sentimental. No! They are very demanding. If you are going to be compassionate, be prepared for action.” —Archbishop Desmond Tutu, Nobel Prize Winner