



Abington High School – Athletic Department

2009 Girls Cross Country Schedule

Day/Date	Opponent	Location	Time	W/L	Score
Wed. 9/9	Tri-meet West Bridgewater	Away (W' Bridgewater)	3:30	W	19-36
	Coyle Cassidy			L	27-28
	B'water/Raynham			L	28-29
Tues. 9/15	Carver	Away	3:30	L	21-34
Tues. 9/22	Hull/Cohasset	Home	3:30	W	27-32
Tues. 9/29	Norwell	Away	3:30		
Tues. 10/6	Harwich	Home	4:00	W	17-41
Tues. 10/13	Mashpee	Home	3:30	W	15-50
Sat. 10/17	Bay State Inv.	Northfield	7:00		
Tues. 10/20	Bye				
Tues. 10/27	East Bridgewater	Away	3:30	L	15-50
Tues. 11/3	SSL All League Meet	Strawberry Valley	3:00		
Sat. 11/7	State Coaches' Inv.	Wrentham	10:00		
Sat. 11/14	Div IV State Championship	Franklin Park	TBD		
Sat. 11/21	All State Meet	Northfield	TBD		

Boys' Coach: Tom Duggan Girls' Coach: Sarah Bulman *All Home Meets Run @ Ames Nowell
 *All Meets Begin @ 3:30 Unless Otherwise Specified *Schedules Subject to Change

2009 Boys Cross Country Schedule

Day/Date	Opponent	Location	Time	W/L	Score
Wed. 9/9	Tri-meet West Bridgewater	Away (W' Bridgewater)	3:30	L	22-37
	Coyle Cassidy			L	15-50
	B'water Raynham			L	18-45
Tues. 9/15	Carver	Away	3:30	W	22-36
Tues. 9/22	Hull/Cohasset	Home	3:30	W	28-28
Tues. 9/29	Norwell	Away	3:30		
Tues. 10/6	Harwich	Home	4:00	W	18-40
Tues. 10/13	Mashpee	Home	3:30	W	22-35
Sat. 10/17	Bay State Inv.	Northfield	7:00		
Tues. 10/20	Bye				
Tues. 10/27	East Bridgewater	Away	3:30	L	22-36
Tues. 11/3	SSL All League Meet	Strawberry Valley	3:00		
Sat. 11/7	State Coaches' Inv.	Wrentham	10:00		
Sat. 11/14	Div IV State Championship	Franklin Park	TBD		
Sat. 11/21	All State Meet	Northfield	TBD		